



Cardiac RPM at Scale: 29.1 mmHg Reduction in Highest-Risk Patients Using CoachCare Technology

Cardiac Solutions achieved measurable blood pressure improvement at scale using CoachCare-enabled RPM workflows.



2,738

Patients Monitored



6.42 mmHg

Average Reduction



94.8%

Stage 2 HTN Improvement Rate

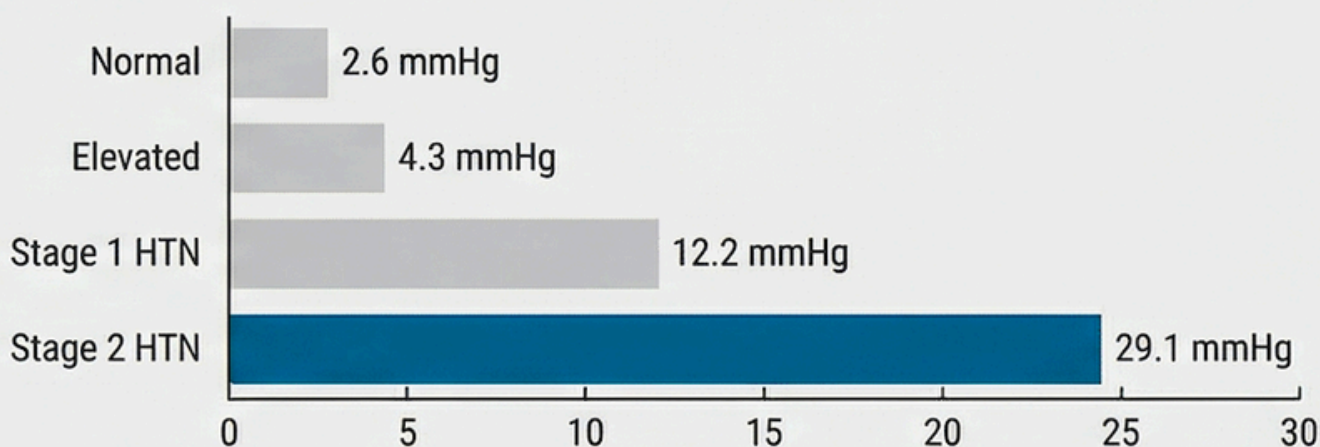
Highest-Risk Patients Benefit Most

Patients with Stage 2 hypertension experienced the strongest improvement.

94.8%

29.1 mmHg

Improvement by Baseline Hypertension Severity

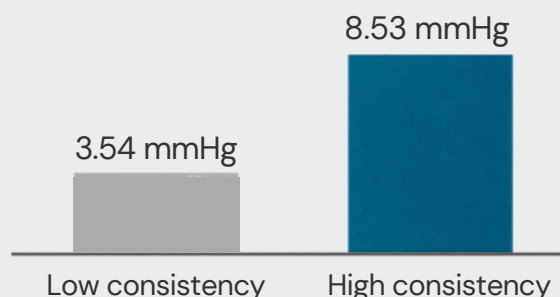


Why It Worked

The study identified a critical insight: sustained patient engagement drives outcomes.

Patients who consistently submitted blood pressure readings achieved significantly better results, while increased clinician minutes did not independently predict stronger outcomes.

Consistency Drives Better Outcomes



What stands out in this analysis is the magnitude of improvement among the highest-risk patients. These results demonstrate how structured remote monitoring can create meaningful blood pressure reductions where clinical intervention matters most.

**– Teresa Sieck, MPAS, PA-C, PhD
Chief Medical Officer, CoachCare**